

# TOP TIPS TO HELP YOU SAVE ENERGY AND MONEY THIS CHRISTMAS



## CELEBRATE TOGETHER



If you can, either host a group or join others for celebrations. This will hugely cut down your energy use as the costs of heating, lighting, and cooking will be shared

between you. If you're hosting, ask your guests to bring something, spreading the cost between you. If you're doing lunch, ask someone else to bring a pudding!

## TRAVEL TOGETHER

Travelling somewhere for Christmas? Lift-sharing with others going to the same celebration means you'll save on fuel and money. Win win!



## TURN OFF CHRISTMAS LIGHTS WHEN THEY'RE NOT NEEDED

There's no point paying to light up your Christmas tree when everyone's asleep! Timer plugs are relatively cheap to buy and can be a really useful way to help make sure your lights are only on when you need them, especially if you're prone to falling asleep on the sofa after Christmas lunch! You can set a time when you want something, for example, the lights on your tree, to turn off automatically.



## POWER DOWN YOUR TELEVISION

In the UK, we watch more TV over Christmas than at any other time. At the very least, make sure you turn off the TV when no one's watching. Or try swapping some TV time for an energy-free activity like a board game!



Finally, make sure all devices like TVs, game consoles and computers are fully switched off and not left on standby as this wastes energy.



## IF YOU HAVE LOTS OF PEOPLE OVER, TURN DOWN THE HEATING

When there's more people in your house it gets warmer, so you don't need to run the heating as much or as at high a temperature. Try turning the heating down by one or two degrees when you have people over – you'll save money on your energy bills and you likely won't notice the difference.



## GET YOUR CHRISTMAS JUMPERS ON!

Time to show off your most embarrassing festive jumpers, socks, and slippers! Try wrapping up a bit warmer and turning the heating down a little to save energy and money this season.



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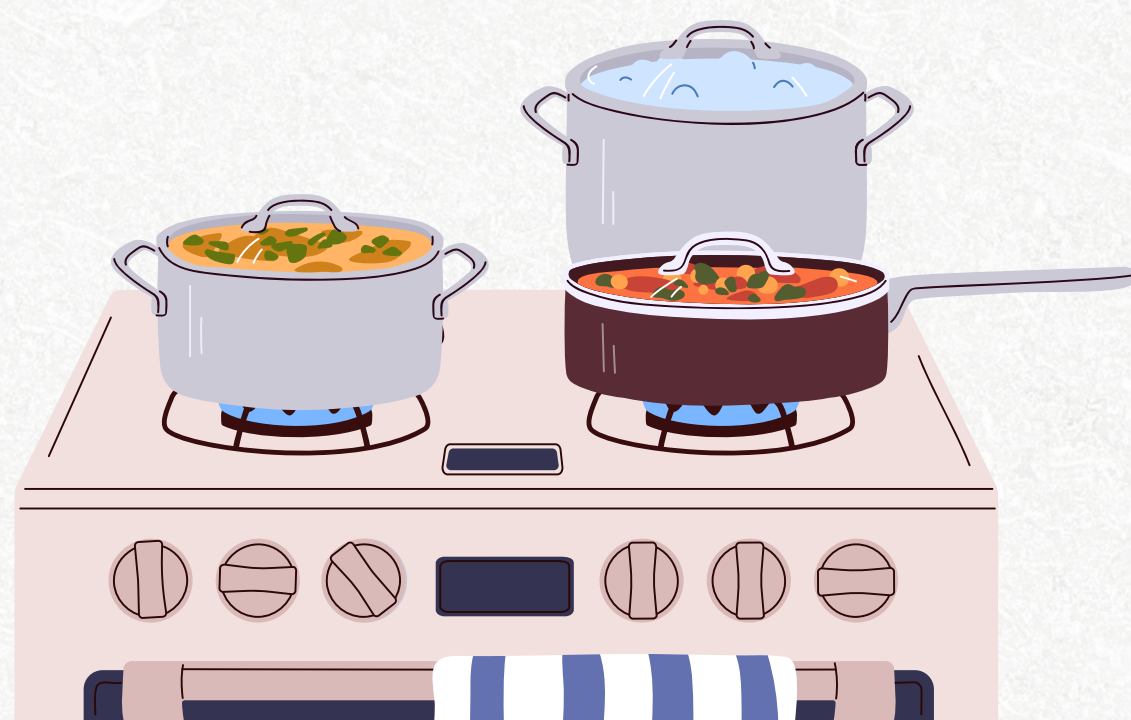
## REUSE WRAPPING PAPER

Wrapping paper can't usually be recycled because of its plastic or foil lining, and it can be expensive. If you unwrap carefully, there's your wrapping paper for next year!



## KEEP A LID ON IT!

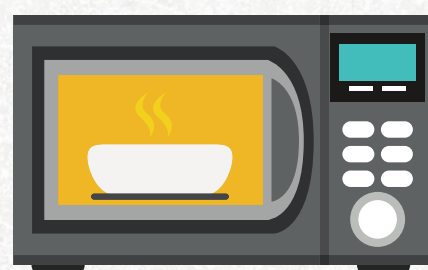
Keeping lids on pans can reduce the energy used by around 10%. It also helps reduce the amount of moisture produced when you cook, preventing condensation, damp and mould. Another win win!



## MAKE BEST FRIENDS WITH YOUR MICROWAVE, SLOW COOKER, OR AIR FRYER...

All these cooking devices are more energy efficient than an electric oven, so can save you money off your energy bill. But this only works if you're not already using your oven for something else – there's no point in making roast potatoes in an air fryer if you're already roasting a turkey in the oven.

If you are using your oven this Christmas, try and cook things all in one go so you don't need to heat the oven loads of times. Also, try not to open the oven during cooking if you can, to keep the heat inside, using less energy to stay at the right temperature.



## LOVELY LEFTOVERS!

Leftover can be as tasty as the main event! We waste the equivalent of two million turkeys in the UK - let's change that!

Save money and energy by only cooking what you need and eating up any leftovers. There's loads of recipes to help you use up your Christmas dinner leftovers - what's better than Boxing Day turkey curry or bubble and squeak? Store leftover food in the fridge, freeze anything you don't eat within two days and reheat food to steaming hot.

